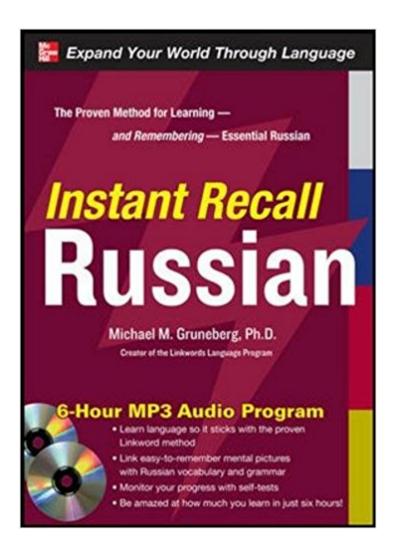


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# Instant Recall Russian, 6-Hour MP3 Audio Program





### Synopsis

Learn and remember Russian words â œA simple new way to increase your foreign-language vocabulary . . .â • -Nada El Sawy, Newsweek Developed by memory expert Dr. Michael M. Gruneberg, Instant Recall Russian offers a proven method to help you build vocabulary and learn basic grammar instantly. All you need to do is listen, picture mental images, and then respond to the tests. For example: The Russian for juice is sok. Imagine drinking juice from a sock; then keep this picture in your mind for about 10 seconds, until the next word is presented. After a set if 8 to10 words, you are tested on what you have learned. Within 10 to 12 hours, you will have a solid foundation of vocabulary and grammar to communicate confidently.

#### **Book Information**

Series: Instant Recall Audio CD Publisher: McGraw-Hill Education; 1 edition (November 9, 2009) Language: English ISBN-10: 0071637834 ISBN-13: 978-0071637831 Product Dimensions: 5.4 x 0.8 x 7.5 inches Shipping Weight: 4.2 ounces Average Customer Review: 3.4 out of 5 stars 6 customer reviews Best Sellers Rank: #3,277,910 in Books (See Top 100 in Books) #41 in Books > Books on CD > Languages > Language Instruction > Russian #1281 in Books > Travel > Mexico > General #1284 in Books > Travel > South America > General

#### **Customer Reviews**

Michael Gruneberg, Ph.D., is an internationally respected respected authority and author on memory enhancement. He is the past president of the International Learned Society for Applied Research in Memory and Cognition.

It gets sort of boring after a while, but you just have to do it in short concentrated sessions. Some of the mnemonics doesn't make sense to me. However, I've retained what I've done so far. All of the animals and clothings, I can say them with what sounds to me like the correct accent. So far so good.

This is one of the few Russian resources that I got that i did not like. I personally do not like to slam products but this was the worst one I have encountered. The use of mnemonics as described does not work at all for me. I am gving it two stars as it may work for someone else but you listening to two minutes of jibber-jabber for each word is not a wise use of my time. And there are not even any sentences. Pimsleur and Michel Thomas were much, much more useful audio courses to me.

I have just started using the CD - I am learning the names of animals - but I can already tell the system works and it is a lot of fun if you start slow and do 15 minute sessions with a 10 minute break to do something to exercise another part of your brain like origami - I made a Sonobe box and learned 10 new words in 25 minutes. Not bad for the price

I was looking for vocabulary and grammar practice audio. I'm sorry to inform the prospective buyer that this is not it, unless you are going to talk about farm animals or visit a furniture store or a clothing store. Most of the words in the program just do not occur regularly in conversation. Only a few verbs and no adverbs or adjectives. And very dull to listen to.

If you are to actually complete this whole DVD you will see there are plenty of adjectives and verbs that are taught. The audio gives you about 5 or 6 Russian words and gives you a trick that may help in memorizing the pronunciation. The audio will ask you what the English is for the words just taught, and it will swap and ask you for the Russian of the words just taught. It is great practice because you have to decode a Russian sentence, and also construct your own. If you want to be fluent in this language it can give you a good boost. I had some prior Russian knowledge which really helped. The audio does teach a lot of animals, but this is mostly at the elementary level. It then moves to making you conjugate verbs for I, you, and we. This was extremely useful to me, and I can formulate Russian phrases and even sentences now. Prior I would be lucky to even know how to say cow. Now I can a multitude of actually useful sentences I would use when visiting Russia.

I have to disagree with the other review. I have been to China twice and used 5 different language learning programs. This is the one I actually remembered. Also, it is excellent the way they give you little tests right after learning the vocabulary to imprint the words in your mind more. The tests are Chinese to English and English to Chinese. I now redo this program every time I am about to return to China. It is a GREAT beginning program. Also, the people in China seemed to understand me just fine. Even though I now add on to my vocabulary with other programs, this one is still my

#### favorite.

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